POOL HOUSE COMMUNITY PRIMARY SCHOOL
PERSONAL, SOCIAL, HEALTH, CITIZENSHIP EDUCATION (PSHCE) POLICY

Introduction

Personal, social and health development is at the heart of everything we do at Pool House Community Primary School. Our mission statement encompasses a nurturing approach as the cornerstone to our success, and we believe PSHCE paired with our Well-being approach enables all our pupils to reach their potential across the curriculum.

We believe the subject is an important and necessary part of all pupils' education. Through our curriculum, our school environment and our school ethos, we promote pupils' self-esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community.

At Pool House School, we are committed to working towards equality of opportunity in all aspects of school life. PHSE and Citizenship will be relevant and accessible to all children.

Pool House School provides a balanced curriculum, in line with the PSHE Association and guidance from Relationships Education, Relationships and Sex Education (RSE) and Health Education (2026), which:

- aims to provide pupils' spiritual, moral, social and cultural development
- prepares such pupils for the opportunities, responsibilities and experiences of life

The Aims

The aims of our PSHCE and Well-being curriculum is

- to develop self-esteem, confidence, independence and responsibility

- to allow learners to make the most of their abilities
- to play an active role as future citizens and members of the society/community
- to develop a healthy lifestyle and keep themselves and others safe
- to develop effective and fulfilling relationships
- to learn to respect the differences between people and cultures
- to develop skills, knowledge and understanding in a variety of areas of the 'real world'
- appreciate the ethos and philosophy of our school

Planning and Delivery

Each year group has a curriculum overview, specific to their year group, age and stage. The curriculum includes several key learning points and suggested knowledge in line with the PSHE Association. The curriculum overviews also include the school's assessment tracking method.

Our curriculum overview is planned in these key areas;

- health and wellbeing
- relationships
- living in the wider world

· In the Early Years Foundation Stage, Personal, Social and Emotional Development is taught including self-regulation, managing self, building relationships and Understanding the World.

Assessment

Each class has a PSHCE Big Book, which acts as a journal of learning. Each PSHCE lesson the pupils will produce work as a group or independently that will be evidenced in the Big Book. The evidence could be displayed in a variety of ways including poems, stories, recounts on visits, artwork, photographs, music, drama, discussions, displays and through their own behaviour.

Children's assessment is judged by the teacher and inputted into the online assessment tracker – INSIGHT. Each learning objective is judged in four areas for each child, they are:

- taught, but not yet understood,
- some evidence, but not yet secure,
- objective secure
- working at greater depth.

Approaches to PSHCE in our school

At Pool House School, children experience PSHCE and Well-being in a variety of ways including:

- as a discrete subject in its own right and with an explicit place in the curriculum
- key assemblies throughout the year based on PSHCE topics
- weekly Well-being Assemblies in Key Stage 1
- through other subjects such as Science, English, Religious Education, Physical Education, History, Geography and Computing
- Circle Time and group discussion across key stages
- Philosophy4Children within Religious Education and PSHCE
- visitors to school such as local clergy, community fire and police officers and school nurse
- annual visit from the CORAM Life Education Bus
- activities and experiences beyond the curriculum such as the school council, the student leadership team and the buddy system
- taking part in activities which support local, national and international charities and aid projects (Children In Need, Save the Children Jumper Day, Red Nose Day)
- extended learning activities such as Green Week, Walk to School Week, Safer Travel Week and other cultures day
- important whole school themes such as Safer Internet Day and Bikeability.
- children have access to the learning mentor and the social group leader regularly

Reference to other policies

The PSHCE Policy should be read in conjunction with other policies as and when required such as:

Well-being Policy
Equal Opportunities Policy
Sex Education Policy
Drugs Policy
Anti-Bullying Policy
Science Policy

Reviewed/Updated September 2026