Pool House C P School

Food Policy

INTRODUCTION

The purpose of this policy is to make explicit the ways in which food is used and education about food is taught at Pool House Community Primary School.

The aim of the food policy is to ensure that all aspects of food and nutrition in school promote the health and wellbeing of pupils, staff and visitors to our school.

PLANNING FOR FOOD

The objectives for food education include:

- Regular review of the formal curriculum to ensure information relating to food and nutrition in different lesson areas is consistent and up-to-date.
- Promote healthy eating in school through other subjects/topics and a healthy eating policy at break times.
- Promote a sustainable environment by exploring how food is produced, plants are grown and waste can be composted.
- Ensure that school meals prepared on site are nutritious and balanced.
- Ensure pupils and staff have access to clean, fresh drinking water at all times.

The table identifies ongoing food and healthy eating initiatives in school.	• Healthy Tuck Shop • KS1 Fruit Scheme • Promotion of healthy lunch boxes and identifying those with a balanced diet • Nutritious and balanced school meals • International foods • The children have access to fresh water • Breakfast Club

Equal Opportunities

It is important we provide equal opportunities to all children in food education and take account of their individual needs, particularly regarding SEN, family, religious and cultural beliefs. Teaching plans should be flexible and regularly updated to cater for the changing needs of pupils and society.

May 2026